MONT-BLANC NATURAL RESORT

SUMMER 2024

GUIDE EXCURSIONS

AIGUILLE DU MIDI | MONTENVERS - MER DE GLACE
TRAMWAY DU MONT-BLANC | PANORAMIC MONT-BLANC

CHAMONIX-MONT-BLANC

SAINT GERVAIS MONT-BLANC

www.montblancnaturalresort.com

haute savoie

ATOUT FRANCE

Welcome

Your playground

MONT-BLANC NATURAL RESORT

Easy access to the TER MONT-BLANC EXPRESS train

with your valid MONT BLANC MultiPass:

Present yourself at the station or to the train conductor your the MONT BLANC MultiPass and your purchase confirmation before boarding the train. Offer valid only on journeys from or to Saint-Gervais-les-Bains Le Fayet (The MONT BLANC MultiPass is not an SNCF transport ticket). For guests holding a guest card, please also present your guest card.

CHAMONIX MOBILITÉ

ECO-GESTURE for environmental protection!

Use Chamonix Valley public transport. Your passes give you free access to the Chamonix Bus network.
Please inquire.

DOWNLOADABLE MAPS

Conception réalisation Compagnie du Mont-Blanc/ESOPE avril 2024.
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ISO 50001

91% OF OUR VISITORS*

RECOMEND US

LOGIN TO

www.avis-montblancnaturalresort.com

Your opinion is important !

Please leave your e-mail address at our cash desk

MONT-BLANC NATURAL RESORT

All reviews are systematically taken into account by our team and published anonymously at www.avis-montblancnaturalresort.com

*of over 23 302 visitors having left their feedback up to 25/03/2024

Contents

Maps, eco-gesture, transport 2-3

Excursion sites

CHAMONIX MONT-BLANC

AIGUILLE DU MIDI 6-7

MONTENVERS - MER DE GLACE 8-9

LES HOUCHES - SAINT-GERVAIS

TRAMWAY DU MONT-BLANC 10-11

Hiking ideas

FROM PLAN DE L'AIGUILLE 12

FROM MONTENVERS 13

FROM BELLEVUE 14

Good deals

ANIMATIONS AND GUIDED VISITS 15

AGENDA 15

Useful phone numbers

INFO COMPAGNIE DU MONT-BLANC .... +33 (0)4 50 53 22 75

TOURIST OFFICE OF CHAMONIX .... +33 (0)4 50 53 00 24

TOURIST OFFICE LES HOUCHES...................... 33 (0)4 50 55 50 62

TOURIST OFFICE SAINT GERVAIS .... +33 (0)4 50 47 76 08

MOUNTAIN RESCUE (PGHM).............................. +33 (0)4 50 53 16 89

EMERGENCIES........FRANCE : 112 - ITALY: 118 - SWITZERLAND : 144

WEATHER FORECAST........................ +33 (0)8 99 71 02 74 OU 3250

HIGH MOUNTAIN OFFICE .... +33 (0)4 50 53 22 08

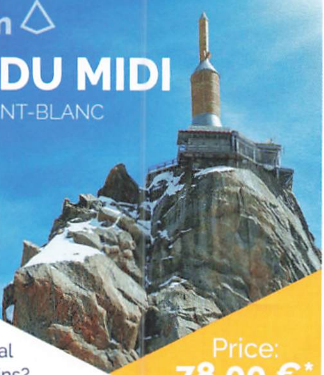
WWW.MONTBLANCNATURALRESORT.COM

: Excursion sites

3842 m

AIGUILLE DU MIDI

CHAMONIX MONT-BLANC



Price:
78,00 €*

Aiguille du Midi

Live your highest emotions!

Who hasn't dreamed of living an exceptional experience in the heart of the high mountains? Take the highest cable car in France!

Mandatory booking

Things to see and do

Panorama: Panoramic view of the Mont Blanc range, exceptional view from the terraces...

Hiking (more infos p12): Plan de l'Aiguille traverse, Lac Bleu...

Paragliding: Take off from le Plan de l'Aiguille & from Aiguille du Midi (forbidden in july and August).

Mountaineering: From Plan de l'Aiguille or from l'Aiguille du Midi

Accessibility

- 100 Place de l'Aiguille du Midi - 74400 Chamonix
- Lines: TER + Bus (ask for informations)
- Children: forbidden under 3 years old / Not recommended under 5 years old
- Accessible cable cars, 2 wheelchairs max.
- Grépon'pay and display'car park
- No pets (except for animals used to help people with disabilities upon presentation of proof)
- **The average visit time is 2 to 3 hours (including travel time).** Please note that the visit time may be doubled on busy day.

Restaurants

Enjoy a beautiful panorama while having lunch or an afternoon snack in one of our on-site restaurants. Find out more on our website.

*: Summer 2024 price sample round trip ticket Chamonix > Aiguille du Midi.

Your Audio Guide to your visit of Aiguille du Midi

Download the app

Available on: App Store · Google play

Not to be missed

Panoramic Mont-Blanc gondola (additional charge: 39,50 €)

Experience an extraordinary journey above the glaciers between the Aiguille du Midi and Pointe Helbronner in Italy.

Step into the Void®**

A glass structure suspended above the void at 3842 m altitude.

Guided visit at Aiguille du Midi

More information page 15

Le Tube®, le Palier Hypoxie, l'Espace Mont Blanc, l'Espace Vertical, l'Espace Histoire et l'Espace Ascension**

** : Free admission subject to opening restrictions and less busy periods.

Immersive 4D cinema

The first multidimensional cinema dedicated to the mountains. "L'Oiseau des Cimes au coeur du Mont Blanc".

Reservation required with payement.

* : Purchase at the cashdesk. Adult price sample. Other rates on request. If you are in possession of a MONT BLANC MultiPass day pass or a 1 to 21-day stay, benefit from a free session.
Details: See on our website

Shops

Inside the cable car departure station and at the summit of the Aiguille du Midi, gifts, souvenirs, officials items. **Discover our online store.**

Exclusive
Tel: 04 50 54 27 79

MONT BLANC

Our advice

Don't forget to bring warm clothes, good shoes, sunglasses and your camera.

Montenvers
Mer de Glace

Embark on a wonderful journey!

Price:
39,50 €*

Welcome aboard this little red train known around the world! After 20 minutes of an unforgettable journey, marvel at the famous Mer de Glace, the biggest glacier of the French Alps.

Things to see and do

Panorama: View on la Mer de Glace, les Drus, les Grandes Jorasses
Hiking (more infos p13): Descent on Chamonix,
Themed trails, Le Signal Forbes,
Plan de l'Aiguille traverse...

Accessibility

- 35 Place de la Mer de Glace - 74400 Chamonix
- Lines : TER + Bus (ask for informations)
- Children : from 12 months.
- No disabled access to the Ice Cave (approximately 170 steps)
- Planards pay'car park
- Pets allowed (on a leash, access to the cave by metal grating stairs)

The average visit time 3 hours (including travel time).

Restaurants

Enjoy a beautiful panorama while having lunch or an afternoon snack in one of our on-site restaurants. Find out more on our website.

* : Summer 2024 price sample round trip ticket "Voyage à la Mer de Glace".

Your Audio Guide to your visit of Montenvers

Download the app

Available on: App Store | Google play

Not to be missed

The new Mer de Glace gondola lift
The start of the journey to one of Europe's most famous glaciers.

Ice cave
Enter the innards of the Mer de Glace, accessible by a gondola and a staircase (170 steps).

Le Glaciorium
The glacier tells you its story.

Temple de la Nature
Near the Montenvers Refuge, discover the first alpine refuge built in 1798 through the "optical theatre".

Bar des Glaciers: snacking

Boutique
In the arrival station, an area brimming with gift ideas and souvenirs.

Work in progress, restricted areas.
More information on our web site

Glaciologists on site from mid-June to mid-September (weekends in June and September, every day in July & August) 10am-12.30pm and 1.30pm-4.30pm for exciting landscape readings.
Free of charge, no booking required. See our website for more information.

Le refuge du Montenvers

Alpine cuisine in an authentic refuge.
Booking recommended: +33 (0)4 50 53 87 70.
More information on our website.

Our advice

Don't forget to bring water, cereal bars, hat, sunglasses, sunscreen, warm clothes, windbreaker/fleece, walking shoes and your camera.
The descent to the Ice Cave is partly by gondola and partly by a staircase with about 170 steps. Be careful to take this into account.

Infos | Plan | Timetables

go on **montblancnaturalresort.com**

Site included in the pass
MONT BLANC MultiPass

haute savoie
le Département

Tramway du Mont-Blanc

Departure from Fayet and Saint-Gervais
Open from 15th june to 29th september 2024

Price:
34,00 €*
37,00 €**

THE HIGHEST RAILWAY LINE IN FRANCE

Warning : Nid d'aigle stop closed - Terminus Mont-Lachat

Mandatory booking

2 departure stations

Le Fayet : 2 impasse des 2 Gares
Saint-Gervais les-Bains : 571 Rue du Mont-Lachat

Order your Gourmet Basket

Le bistrot de la Gare

Enjoy a gourmet basket made from local produce. Order by email at **resa-bistrot@compagniedumontblanc.fr** until 4 p.m. the day before your visit.

Payment and collection from the Bistrot de la Gare in Saint Gervais.

ALL ABOUT ANIMALS
NATURE PODCAST
To accompany your trip, discover our **podcasts**

* : Adult price sample round trip Le Fayet/Saint-Gervais > Bellevue. Other rates on request. Subject to approval by the delegating authority.
** : Adult price sample round trip Le Fayet/Saint-Gervais > Mont-Lachat. Other rates on request. Subject to approval by the delegating authority.

Section		FAYET 580m	ST-GERVAIS 820m	COL DE VOZA 1653m	BELLEVUE 1794m	MT-LACHAT 2115m
MOVE & DISCOVER	Children	✓ from 6 months	✓ from 6 months	✓ from 6 months	✓ from 6 months	✓ from 6 months
	Souvenirs shop	✗	✓	✗	✗	✗
	Disabled access	✓	✓	✓	✗	✗
	Allowed pets	✓	✓	✓	✓	✓
	Lockers (paying)	✗	✓	✗	✗	✗
	Toilets	✓	✓	✓	✓	✗
	Animations	✗	✗	✗	✗	✓
	Children's games	✗	✗	✗	✓	✗
	Hiking	✓	✓	✓ Tête de Charme *(info p.14)*	✓ Col du Tricot Glacier du Bionnassay *(info p.14)*	✓ Descente vers Bellevue *(info p.14)*
EAT	Picnic area	✗	✗	✓	**Order your Gourmet Basket**	
	Restaurants	✓	✓ **Bistrot de la Gare** +33(0)4 50 55 80 94	✓ **L'Apas** +33(0)4 50 54 44 65	✓ **La Chalette** +33(0)7 81 74 51 24	✗
	Trash	✓	✓	**Conserve your waste**		
COME	TER Access	✓	✗	**Arrive 30min in advance**		
	Facilibus Access	✓	✓			
	Drop-off point	✓	✓			
	Parking	✓	✓			

Children · Souvenirs shop · Disabled access · Allowed pets · Lockers (paying)
Toilets · Animations · Children's games · Hiking · Picnic area
Restaurants · Trash · TER Access · Facilibus Access · Drop-off point · Parking

Animations

From July 6 to August 31, immerse yourself in nature, with daily entertainment for all, and explore the local flora and fauna. At Bellevue, free-access games await you. In the train, put your knowledge to the test with the "Tram Quiz" game to discover the secrets of the Tramway du Mont-Blanc.

Our advice

- If you are coming by car, please arrive 30 minutes early, especially for parking.
- Bring water, cereal bars, hat, sunglasses, sunscreen, windbreaker/polar fleece, raincoat, walking shoes and camera.
- The time required to visit this site is approx. 3h30. This may be extended if the site is very busy.

Infos · Plan · Timetables

go on **www.tramwaydumontblanc.com**

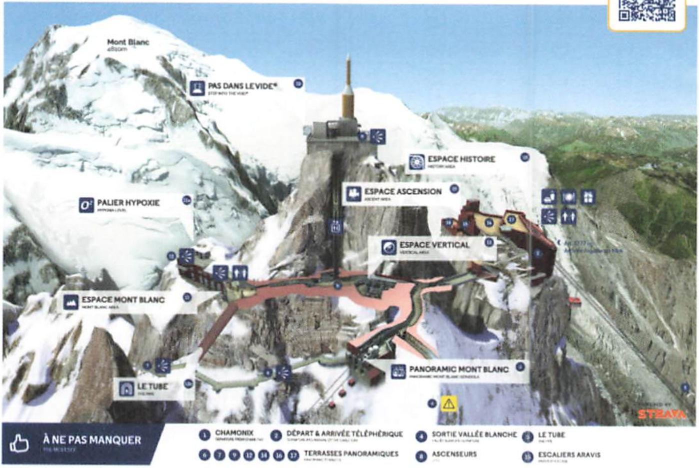
Site included in the pass

MONT BLANC MultiPass

Hiking ideas

Itineraries given as an indication, please refer to the "Maps" leaflet available at our ticket offices, other hikes are available on our website.

Aiguille du Midi



Hiking from the Plan de l'Aiguille

24 24 Traverse Plan de l'Aiguille-Montenvers: one of Chamonix's classic hikes not to be missed, in either direction. The trail, perched above the valley at the foot of the Aiguille de Chamonix, offers unrivalled views of the Chamonix valley (some chaotic passages are to be crossed). 2h30 to 3h00 by the Signal. Check the last return from the Montenvers train or the Aiguille du Midi cable car.

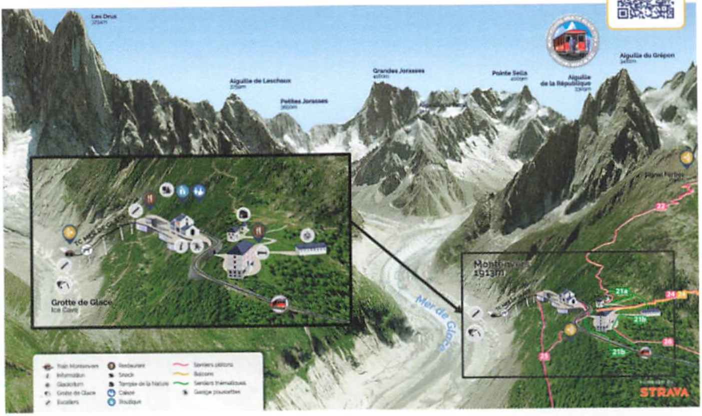
27 Lac Bleu: this easy hike takes you to a little lake, nestled in a bowl surrounded by rock boulders at the base of the Aiguilles de Chamonix. 60 mn round trip.

28 Chamonix via Blaitière: the itinerary follows the same route as the Montenvers path before taking a left down towards the Blaitière alpine meadows which have recently been rehabilitated and are now exploited again. The trail, with no particular difficulty, is however long and pretty steep. 3 hours.

29 Chamonix via Pré du Rocher: Chamonix via the Pré du Rocher: at first, the path descends between large boulders, then runs down through the forest to Chamonix, passing under the cable car lines towards the arrival point. 2 hours.

30 Chamonix via Grand Bois: this downhill path offers wonderful views of the glaciers, the Mont Blanc and of the Aiguilles de Chamonix. 2 hours.

Montenvers Mer de Glace



Hiking from the top of Montenvers

22 Le Signal Forbes: trek up to a magnificent view point over the Chamonix Valley, with views over the Mer de Glace on the way, and multiple cairns and rock slabs under the Aiguille de la République. 2 hours round trip.

23 Chemin d'accès au glacier: Take the gondola and then the 170 steps to the ice cave. 30 min.

24 24 Traverse Montenvers-Plan de L'Aiguille: (see description on page 12)

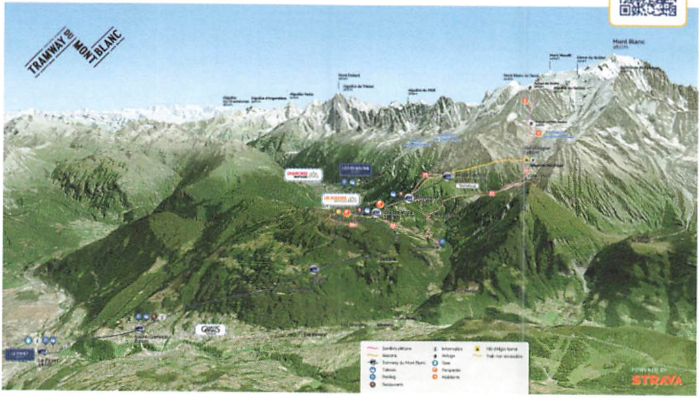
26 Descent to Chamonix via Caillet: for a while the path runs alongside the railway before running through the forest to the chalet de Caillet (refreshments) and returns to Chamonix via Les Planards. 2 hours.

Hiking ideas

Itineraries given as an indication, please refer to the "Maps" leaflet available at our ticket offices, other hikes are available on our website.

Tramway du Mont-Blanc

Terminus Mont-Lachat
Nid d'Aigle stop closed



Hiking from Bellevue

33 Col du Tricot: From Bellevue follow a downhill path in the forest before reaching a clearing and then over a Himalayan style bridge over the torrent from the melting Bionassay glacier onwards to the Col du Tricot. Be careful on the way up. 4h00 round trip.

34 Descent Bellevue: From Mont Lachat descent to Bellevue by the Arandelys 1h one way. From Bellevue climb to 2h30 round trip.

39 Glacier de Bionnassay path:
- From Bellevue to the tongue of the Bionnassay glacier. 2h30 round trip.
- From Bellevue up to the Nid d'Aigle. 5h00 round trip.
- By the Plan de l'Are : Short easy ramble, ideal for families. 1 hour round trip.

Hiking from le Col de Voza

36 Tête de Charme: Starting from the Col de Voza, this hike offers a beautiful view of the Dômes de Miage and the Bionnassay glacier. 2h30 round trip.

Mountain bike from Bellevue

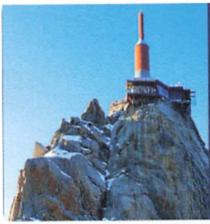
From Bellevue, mountain bikes are allowed on the first and last train during off-peak service and on the first and last three trains during peak service.

Animations

GUIDED VISIT (FREE)

From 22 to 23/06 • From 29 to 30/06 • From 06/07 to 31/08 • September week-ends
• Montenvers-Mer de Glace

Guided tours to discover the site and its heritage.
Glaciologists on site: weekends from June 22-23 and 29-30, then daily from July 6 to August 31, and weekends in September: workshop on the Mer de Glace and guided reading of the landscape.



GUIDED VISIT (FREE)

From 06/07/24 to 31/08/24
• Aiguille du Midi

A real trip to the high mountains, at an altitude of 3842 m. From the summit, you can admire the view and feel the lack of oxygen.
You could almost touch the Mont-Blanc with your finger! Discover this site with its fascinating history thanks to our guides, which can be found on the site.

ANIMATION NATURE (FREE)

From 06/07/24 to 31/08/24
• Mont-Lachat

From July 6 to August 31, immerse yourself in nature, with daily entertainment for all, and explore the local flora and fauna. At Bellevue, free-access games await you. In the train, put your knowledge to the test with the "Tram Quiz" game to discover the secrets of the Tramway du Mont-Blanc.

Calendar

11 to 16 JUNE CHAMONIX FILM FESTIVAL

22 to 24 JUNE GRAND PARCOURS ALPINISME

23 JUNE OLYMPIC FLAME WELCOME

25 to 26 JUNE GRAND PARCOURS SCOLAIRES

27 to 30 JUNE MARATHON DU MONT BLANC

28 to 30 JUNE MB RACE

04 to 07 JULY ARCTERYX ALPINE ACADEMY

06 to 07 JULY MONTAGN'HARD TRAIL

12 to 14 JULY CLIMBING WORLD CUP

20 JULY MONTÉE DU NID D'AIGLE

21 JULY ARGENTRAIL

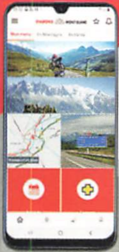
22 to 27 JULY COSMOJAZZ

26 to 01 SEPT UTMB

29 SEPT TRAIL DES AIGUILLES ROUGES

06 to 08 OCT MONT-BLANC AIR TOUR

19 OCT VERTI'CHAM



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digital EXPÉRIENCE

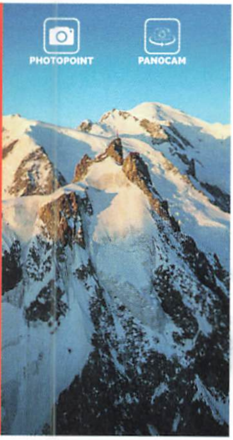
Digital Expérience

Free access

Discover our **PHOTOPOINTS**, automatic cameras located throughout the resort that give you the opportunity to have your photo taken in front of a stunning panorama of the Chamonix Valley.

And thanks to our **PANOCAMS**, cameras which film 360° in high definition, you can discover or relive the most beautiful views of the resort and share them with your friends and family.

More information on our website:
www.montblancnaturalresort.com



Our Partners

HH HELLY HANSEN · DYNASTAR · ARC'TERYX · MB RACE · Samaya · Culture Vélo Sallanches 74